



Victoria Police Legacy Chairman's Message

Project 100 is continuing its ambitious campaign to have all sworn members of Victoria Police contribute to VPL. It is heartening to see a number of members who are off on long-term external and overseas deployments making arrangements to continue contributing. I ask all serving members of Victoria Police to check their payslips to ensure they are contributing, if not, check our website or contact the office for an authorisation form.

I thank Glenys Buck for her work at VPL whilst we sought a new Field Officer. Glenys did a tremendous job in contacting legatees to see how they were and providing encouragement for this year's activities. So much so that we will probably take two buses to Canberra later in the year and all of the regional luncheons are well supported.

We now support some five hundred adult legatees and more than one hundred children and young people.

Welcome to Eileen Keily who joins the VPL team as the new Field Officer.

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Regional Lunch Berwick: Acting Sen Sergeant Phil Hulley, Avril Kerambrun and Marg Downes



Regional Lunch Geelong: Acting Sen Sergeant Tony Francis, Marion Gooding, Lorean Thompson



Sen Constable Susie Fra Margaret Bolger and Elizabeth Robinson

...Continued from front

To ensure a connectedness to our legatees, particularly to those in provincial and remote parts of the state, we are in the process of formalising a Volunteer Support Network that will see a number of former members of Victoria Police and/or supporters of policing families providing support on a local level to legatees and act as the facilitator of VPL support and services.

I also take this opportunity to acknowledge a bequest made to VPL by the late Mrs Astrid Inga Schmit.

Take care

Roger Schranz
Chair

A Fun Night of Cops & Robbers

Police Legacy would like to take this opportunity to thank the Rotary Club of Sale for their \$1000 donation raised at a fun “Cops and Robbers” night held recently at the Sale Greyhound Club. Donations such as this help legacy continue to offer support and services to our legatees across the state.

25th Anniversary Police Widows Association

Chief Commissioner Simon Overland sponsored a special celebratory lunch at Airlie House for the 25th Anniversary of the PWA. Special guest Superintendent Lisa McMeeken attended the lunch and spoke to the group about the changes and challenges of policing. Members of the PWA would like to extend a warm thank you to the Chief for his continued support of the organisation.



Marcus Thomas celebrated his 21st

Legatee Marcus Thomas celebrated his 21st birthday recently with family and friends. Deputy Chair of Police Legacy Detective Superintendent Kevin Sheridan was on hand to present Marcus Thomas with a 21st birthday cheque. Congratulations Marcus!!



Above: Superintendent Lisa McMeeken and PWA members



Regional Lunch Wangaratta: Sen Sergeant George Bedson, Marie Draper and Betty McKenzie



Betty & John Holmes Congrats

Congratulation to former legatee Betty Simpson on her marriage on the 18th of April to John Holmes. Betty and John exchanged vows in the beautiful gardens of Edrington Park Retirement Village in Berwick where they have been neighbours for 12 years. They enjoyed a perfect wedding in the landscaped gardens of this historic setting which was formally Lord Casey's Manor. Betty is now a Friend of Legacy and we look forward to seeing her at the local regional lunch next year.

Peter O'Neill

Superintendent Peter O'Neill has been awarded an Australian Police Medal for his service to policing, on the Queen's Birthday National Honours List. Peter is an active member of the VPL Board; many legatees will have met Peter on VPL trips and at regional lunches. With a career in policing spanning more than 35 years Peter has worked in diverse areas from uniform through to major projects and played a significant role in promoting health and well being within the Victoria Police. Congratulations Peter!



Above: Club President Jim Grouios, Chairman John Allcock and Club Sergeant Mario Bugeja of Point Gellibrand Rotary Club with Chloe Forsythe and Deputy Chair of Police Legacy Kevin Sheridan.

Point Gellibrand Rotary Club sponsored Vietnam Trip photo

Detective Superintendent Kevin Sheridan and legatee Chloe Forsythe attended a recent dinner courtesy of the Point Gellibrand Rotary Club. Chloe was one of the VPL legatees who visited Vietnam on a personal development/ life experience tour earlier in the year. Chloe spoke to the club about the cultural differences and how the trip had enlightened her. The club were kind sponsors of the trip, providing the legatees with shirts complete with logos that made them very easy to spot particularly at airports.



Above: Superintendent Peter O'Neill is photographed next to a photo of legatee children on a Police Legacy trip

CEO's Message

June already and the year is flying by. Regional Lunches are in full swing with large attendances at most. It is great to get around the state and catch up with so many friends and enjoy lunch in a variety of settings. June in particular has been a busy month with lunches in Berwick, Leongatha and Warrnambool. Planning is well underway for the Canberra trip and you will have found information included with this newsletter. Many legatee children are getting very excited about the forthcoming trip to Perth. Not forgetting the parents who will be treated to a night on the town while the kids are away. Eileen Keily has been busy visiting legatees and making new friends in her role as Field Officer. If you have any concerns or would like a visit from Eileen please contact her at the office on 9347 5194.

Pandemic: Care and alerts

It seems that every year there are new strains of flu about. There has been much in the news recently about swine flu. Following is a little information to help you stay informed and may assist in stopping the spread of the disease. This strain of swine flu seems to be spreading the same way as seasonal flu. Germs are spread from person to person. If someone with the flu coughs or sneezes, others around them may become infected with the virus. You can also get infected if you touch a surface that has a virus on it and then touch your mouth, nose or eyes.

One of the most effective ways to protect you, your family and friends from influenza is to practise good personal hygiene.

Here are five simple ways to prevent the spread of any form of influenza:

1. **Cover your mouth and nose when you sneeze or cough**
2. **Wash your hands:** after you've been to the toilet, after coughing, sneezing or blowing your nose, after being in contact with someone who has a cold or flu, before touching your eyes, nose or mouth, and before preparing food and eating
3. **Don't share personal items:** The flu virus can spread when someone touches an object which has the virus on it and then touches his or her eyes, nose or mouth
4. **Clean surfaces:** Flu viruses can live on surfaces for several hours. If someone in your house has the flu, regularly clean surfaces such as tables, benches, fridge doors and door knobs with soap and water or detergent.

Police Legacy contact details:

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Welcome Eileen Keily

Welcome to Eileen Keily, Police Legacy's newly appointed Field Officer. Eileen comes to us with a wealth of experience and will by now have met many of you in her travels. If you would like to catch up with Eileen please give her a call at the office on 9347 5194 or her mobile 0407 330 446.



Originally from Warrnambool Eileen has experience working in psychiatric nursing, general nursing and social work. Eileen has worked as a community and liaison nurse making her the "link" for patients and clients between various internal services, community services and agencies.

More recently Eileen was employed in Aged Care where she worked in administration and as a Family Liaison Officer, Veterans Liaison Officer and Complaints Officer for the Department of Human Services.

As you can see Eileen has a wealth of experience and I am sure will prove to be a great asset to VPL. As it happens, Eileen is Kate's sister.

2010 is just around the corner

Next year Victoria Police Legacy will be celebrate its 30th anniversary. As part of the celebration we would like to collect and collate information about legacy's history both verbal and pictorial. If you have any photos that involve the history of legacy or you can cast your memory back, there are so many wonderful stories that should be shared. All photos will be treated with respect, copied and returned. If you have an oral history that you would like to share, please call the office and we can arrange a time for a chat.

5. **Avoid close contact with others if you are unwell with flu:** Keeping your distance by standing or sitting back at least one metre from other people will help reduce the chances of spreading the flu virus

If you feel that you have contracted the flu talk to a doctor – If you are sick during an outbreak it is advisable that in the first instance you make contact with a doctor or hospital by phone rather than in person, to help reduce the spread of infection.

For more information the Department of Health and Ageing has an information hotline **180 2007** or visit online at www.healthemergency.gov.au.

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